



*"People  
helping people  
help  
themselves"*

Eric Holcomb, Governor  
State of Indiana

***Division of Mental Health and Addiction***

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**Division of Mental Health and Addiction Opiate Treatment Program Report SFY2018  
Executive Summary**

Under IC 12-23-18-8, the Division of Mental Health and Addiction submits the enclosed report regarding the services and activities of the State of Indiana's Certified Opiate Treatment Programs (OTP's). This report provides data from the thirteen (13) OTPs that were certified for SFY18. Data includes patient demographics and medication utilization rates from State Fiscal Year 2018 (July 1, 2017 – June 30, 2018). Data for the five (5) OTPs that were certified in May and June of 2018 is included at the end of this report. Key information from this report is outlined below:

15,187 individuals were served through our OTPS during SFY2018.

- The most frequently administered daily dosage of methadone continues to be 31-69 mg or 19% of the daily doses administered.
- The least frequently administered dosage of methadone was <30 mg or 5.6% of the daily doses administered.
- All other dose categories were between 9 -12% of daily doses administered.

1069 individuals were administered buprenorphine in SFY18

- 8 of 13 OTP's utilized Buprenorphine as a treatment modality in SFY2018
- The most frequently administered dosage of Buprenorphine continues to be >16 mg or 45.51% of the total administered dosages of buprenorphine.
- The least administered dosage of Buprenorphine continue to be <8 mg or 15.05% of the total administered dosages of buprenorphine.

6820 individuals in treatment are receiving take-home medications each month

- The majority of take-home medications received continue to be for six (6) days (54%).
- Only 14.61% of individuals in treatment received take-home medications for fourteen (14) days

**Demographic Data**

- Total Number of Females in treatment: 7100 (46.8%); 6615 (93.17%) of females in treatment are receiving methadone; and 485 (6.83%) are receiving buprenorphine.
- Total Number of Males in treatment: 8087 (53.25%); 7503 (92.78%) of males in treatment are receiving methadone; and 584 (7.22%) are receiving buprenorphine.
- The majority of individuals in treatment continued to range in age from 20-34 years old (43.99%).



- The majority of individuals in treatment continued to be enrolled/retained in treatment for 3+ years (48.88%).
- The average mileage a patients travels to receive treatment is 26.66 miles.
- 15,187 individuals are receiving behavioral health services in addiction to medication.
- The number of admissions for SFY18 was 5401.
- The number of discharges for SFY18 was 5754.
- The number of pregnant women served for SFY18 was 1754.
- The number of individuals receiving treatment through the Medicaid program for SFY18 was 3008 with total claims over \$1.9M
- The number of individuals employed upon admission or during treatment is 6991 which represents 46% of individuals receiving treatment in an OTP.
- The patient relapse rate or average time receiving treatment ranges among all OTPs 3 months to 6.5 years.
- The average number of patients who have eliminated the use of an illegal substance after the first year of treatment at the OTPs is 520.
- A total of 66 patients from two of the thirteen OTP's have dropped out of care due to inability to pay for treatment.

### **New OTPs**

In SFY2018 DMHA certified five (5) new Opioid Treatment Programs in Indiana authorized under Indiana Code 12-23-18-5.5. The five new OTPs have been strategically placed in locations around the state to assist with reducing driving time for individuals in need of addiction treatment for opioid use disorder and sited in or near counties with high numbers of naloxone use –the overdose reversal drug used by emergency responders. Per Indiana legislation all five Opioid Treatment Programs had to be open by June 30, 2018. Counties include: Allen, Johnson, Monroe, Vigo and Tippecanoe.

**Allen County** – Bowen Recovery Center - The Otis R. Bowen Center for Human Services, Inc. is nearing its 60th year of serving the community. Governor Bowen permitted the Center to use his name since he lived and practiced medicine in Bremen, which is in one of the counties that Bowen Center serves. Bowen Center served approximately 4,387 individuals with substance use disorder this past year and will be the license holder for the new Allen County Opioid Treatment Program (OTP) location. Bowen Center has had a clinical presence and offices in Allen County for 20 years and is a major provider of mental health and substance use services in that county. For the past 18 months, Bowen Center has had an active and robust Medication Assisted Treatment (MAT) program serving approximately 300 individuals.

**Vigo County** – Western Indiana Recovery Center - Hamilton Center Hamilton Center is a regional behavioral health system in central and west central Indiana. Hamilton Center provides the full continuum of behavioral health and addiction treatment serving people throughout the lifespan. 13,000 clients are served a year by 550 staff including psychiatrists, nurse practitioners,

psychologists, Licensed Clinical Social Workers and others. In addition to behavioral health, the organization provides primary health services in Vigo County, Terre Haute IN and is working to become an Integrated Care Entity recognized by the State of Indiana. The organization also partners with a variety of organizations to address consumer health/needs including schools, the criminal justice system, federally qualified health centers, the Department of Child Services, supportive housing and sober living organizations. Hamilton Center currently operates several programs which will complement the OTP including, residential services for those with a dual diagnosis, a diversion program for offenders, Recovery Works services, among others.

**Monroe and Tippecanoe Counties** – Limestone Health Lafayette and Bloomington - Sycamore Springs Sycamore Springs is a 48-bed behavioral hospital located in Lafayette Indiana. The hospital, which opened in January 2012, is a regional leader in mental health and chemical dependency care. Sycamore Springs specializes in treating adults suffering from drug/alcohol dependency, mental health issues and co-occurring disorders. The hospital also offers quality assessment and treatment services for seniors. As part of its continued focus on the continuum of clinical behavioral health care, Sycamore Springs will be opening two outpatient Opioid Treatment Programs (OTP). These two innovative clinical programs will be located in Lafayette and Bloomington and will be named ‘Limestone Health.’ The new OTPs will feature a patient focused environment that offers immediate access to MAT services, therapy, and related addiction support services.

**Johnson County** – New Vista - Valle Vista In operation for over 30 years, Valle Vista Health System is a 132-bed facility located in Greenwood, Indiana. Ninety-eight beds are dedicated to providing acute mental health and addiction services, while 34 beds serve adolescent girls in our Residential Treatment Program. Since its inception, Valle Vista has been providing Medication Assisted Treatment for those seeking recovery. They offer a spectrum of addiction treatment programs, including Inpatient Detox, Partial Hospitalization, and Intensive Outpatient Treatment. In the upcoming months, Valle Vista is slated to also open an Ambulatory Detox Program to further facilitate long-term recovery. Valle Vista provides services to individuals both inside and outside of Johnson County.

### **The impact on access to opioid treatment programs.**

From the opening of the 5 new OTPs travel time has been substantially reduced in the counties of the new facilities and the surrounding counties. Patients that were driving from Terre Haute to Indianapolis or across state lines will now have the options of reducing drive time by at least one hour. Patients that were driving from Lafayette to the Merrillville/Gary/Indianapolis area will now have the option of reducing drive time from 1 ½ to 2 hours. Patients that were driving from Bloomington to Indianapolis now have the option of reducing drive time by at least one to two hours. Patients in Fort Wayne now have a choice of OTPs to attend. Now that all 5 facilities are open not only will drive time be saved for consumers, but it will also give them more choices in treatment and recovery options.

**The number of individuals served in the opioid treatment programs approved under subsection (c).**

- Western Indiana Recovery Center – Terre Haute – Opened May 7, 2018 and as of June 30, 2018 had a census of 65.
- Limestone Lafayette – Lafayette - Opened June 5, 2018 and as of June 30, 2018 had a 32.
- Bowen Recovery Center – Ft. Wayne - opened on June 14, 2018 and as of June 30, 2018 had a census of 55.
- Limestone Bloomington – Bloomington – opened on June 20, 2018 and as of June 30, 2018 had a census of 25.
- New Vista – Greenwood – opened on June 30, 2018.

**Treatment outcomes for individuals receiving services in the opioid treatment programs approved under subsection (c).**

All those that have started in treatment are still in the recovery process. Treatment outcomes with consist of maintaining consumers in treatment and recovery while assisting them with the necessary resources to complete their recovery process as they see it for their future.